



EMORY
UNIVERSITY

Sickle Cell Disease

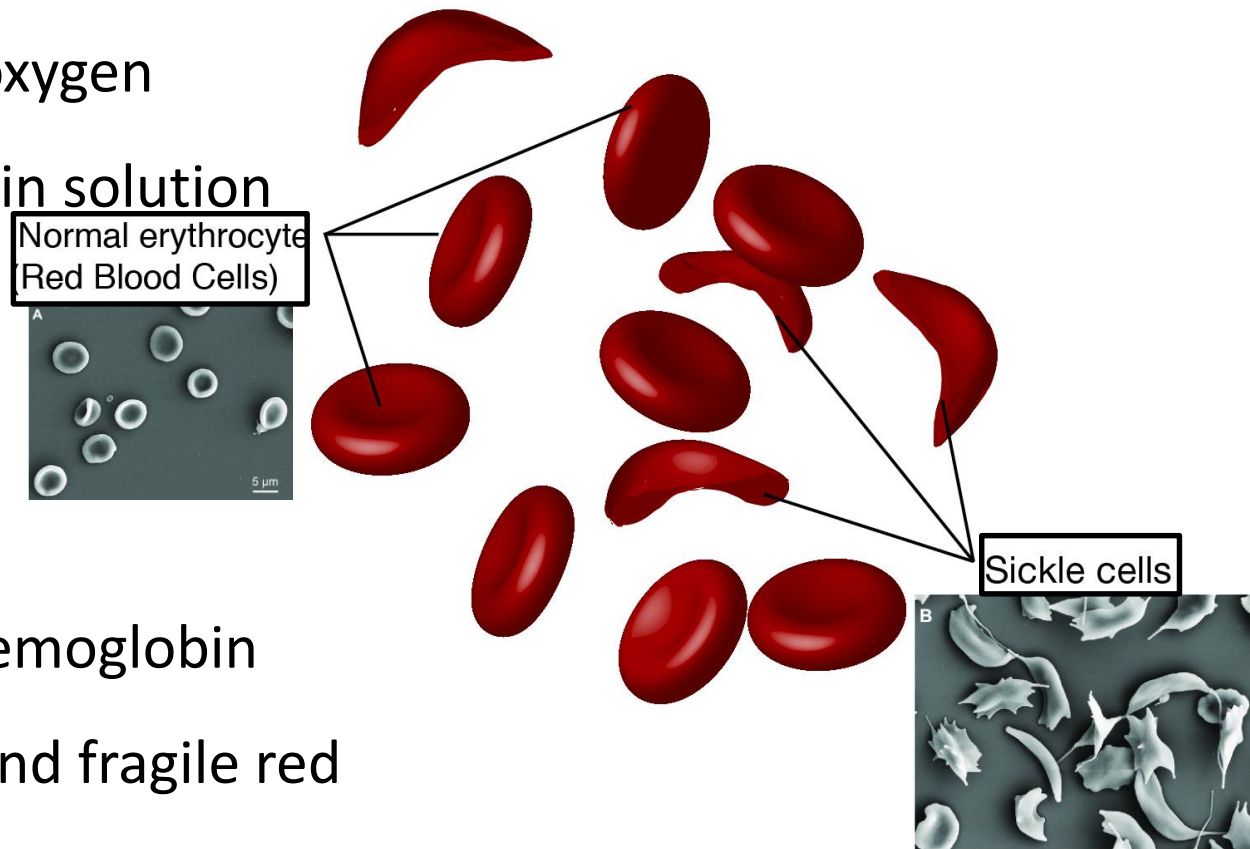
Lakshmanan Krishnamurti, MD

Professor Pediatrics



Sickle Cell Disease: An Inherited Disorder of the Red Blood Cell

- Red blood cells carry oxygen bound to hemoglobin in solution
- ‘doughnut shaped’
- Genetic abnormality
- Abnormal clumping (polymerization) of hemoglobin
- Sickle-shaped, sticky and fragile red blood cells



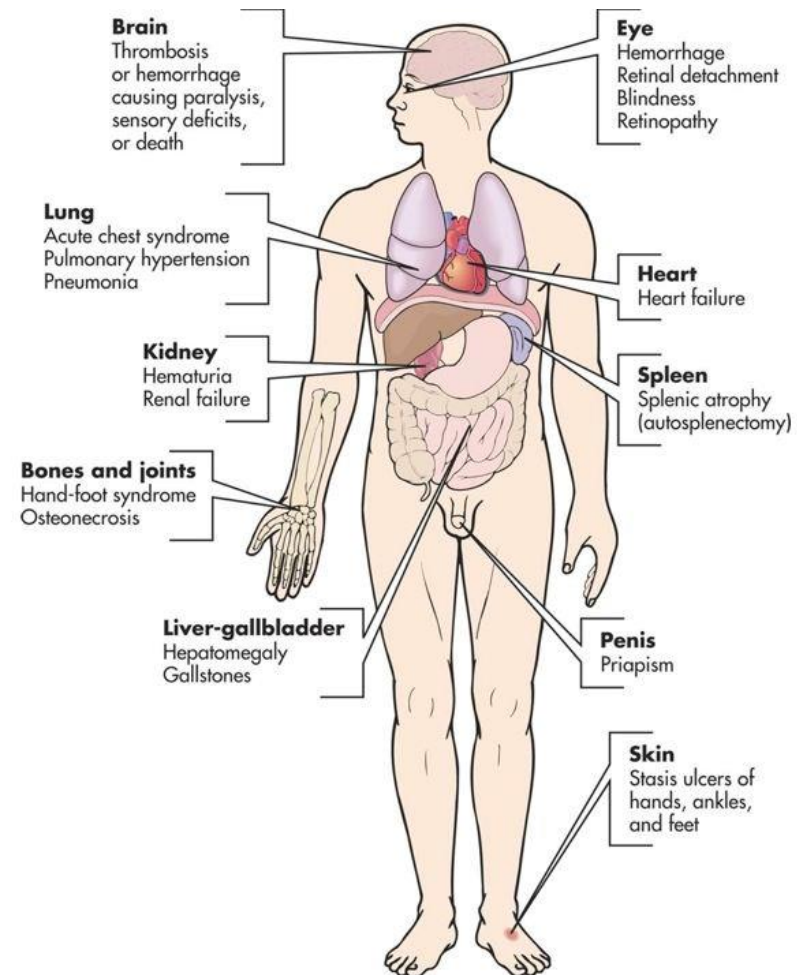
SCD Starves Tissues of Oxygen

- Abnormal red blood cells clog the small blood vessels
- Obstructs smooth flow of blood
- Impedes delivery of Oxygen to tissues
- Lack of oxygen causes tissue damage



Pain, Organ Damage, Impaired Quality of Life and Premature Death

- Stroke, and eye problems impair cognition
- Pain, and anemia impair quality of life
- Bone and joint damage
- Kidney failure may need dialysis
- Premature death due to Infections, pneumonia heart-lung complications

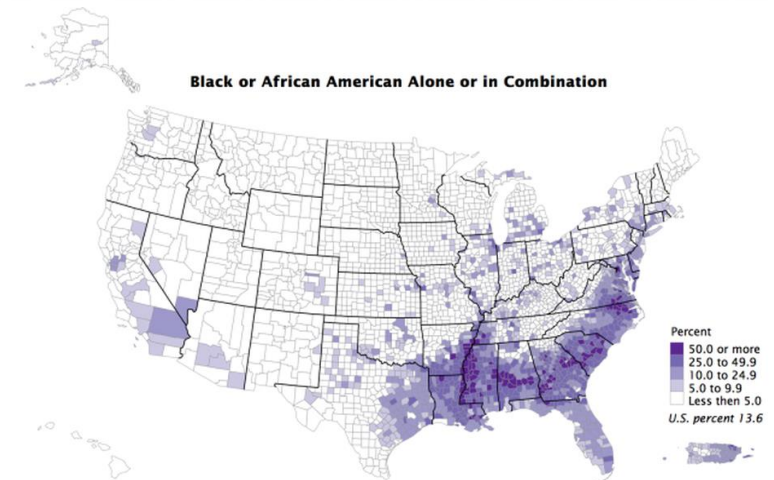
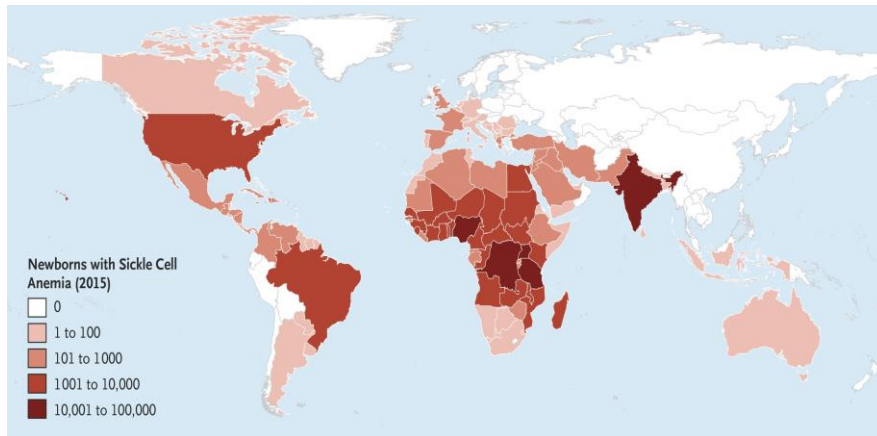


Sickle Cell and the COVID Pandemic

- Increased rate of severe covid needing admission to hospital (65-70% vs 17%)
- Severe pain is the main presentation
- Acute chest syndrome/Pneumonia (60% hospitalized patients)
- Higher death rate (3.2-10% vs. 1.75%)
- Eligible to receive antibody therapy for prevention of severe disease
- African-Americans have more severe economic impact of COVID
- COVID vaccination rates in GA 41% Whites, 36% Blacks, 74% Asians

Sickle Cell Disease is a Global Public Health Problem

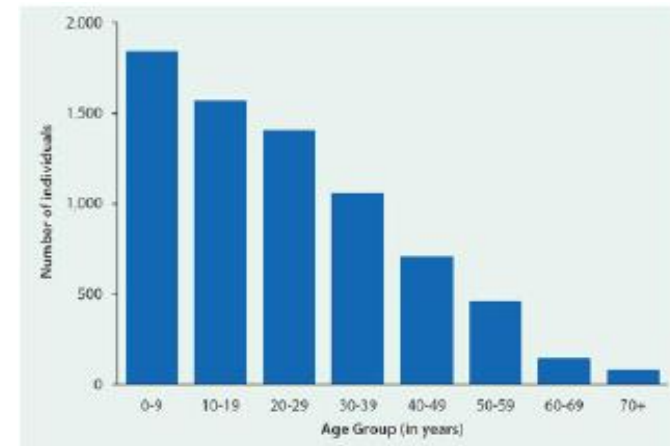
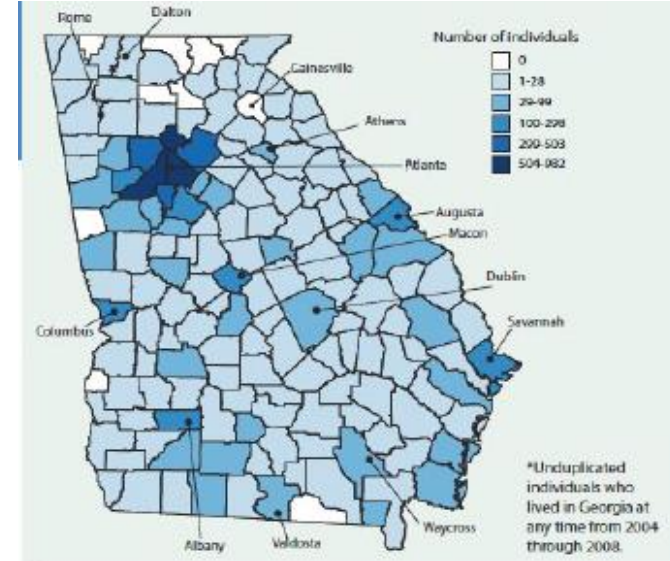
- 312, 000 births affected by SCD each year
- 4000 births in the USA affected by SCD, 100, 000 patients in US
- More than half live in southern USA
- 70% on Medicaid/Medicare.
- Costs of care exceed \$2.98 billion/year



Source: U.S. Census Bureau, 2010 Census Redistricting Data (Public Law 94-171) Summary File, Table P1.

Sickle Cell is a Major Public Health Problem in GA

- 7300 people with SCD in Georgia one of top three states for individuals with SCD
- 97% African American, 2% Hispanic
- One in every 295 births in African Americans
- Over 1900 patients, largest program in US
- 128 patients treated with bone marrow transplant at CHOA



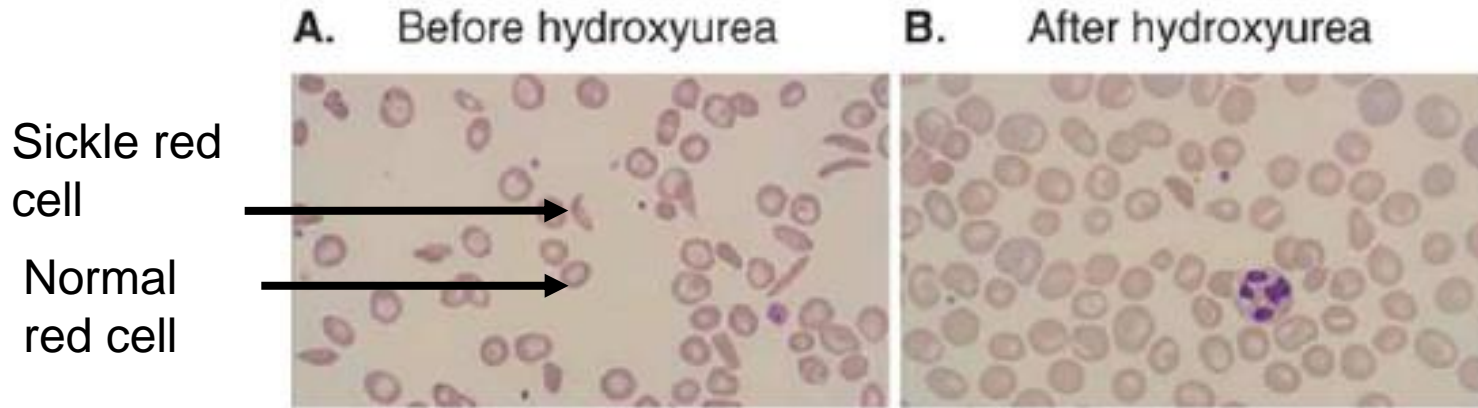
2004-2008 RuSH and PHReSH studies

Medical Advances Have Improved Care of SCD

- Newborn screening for SCD enables care before babies become sick
- Penicillin and pneumococcal vaccine can prevent deadly form of pneumonia
- Ultrasound of the brain can detect children with increased risk for stroke
- New medications, bone marrow transplant for selected patients



Hydroxyurea: First FDA Approved Drug for SCD



- Hydroxyurea is an orally administered drug that can improve outcomes for SCD
- Rates of pain crisis and lung complications is reduced by half
- Hemoglobin is improved
- May improve survival, reduce stroke

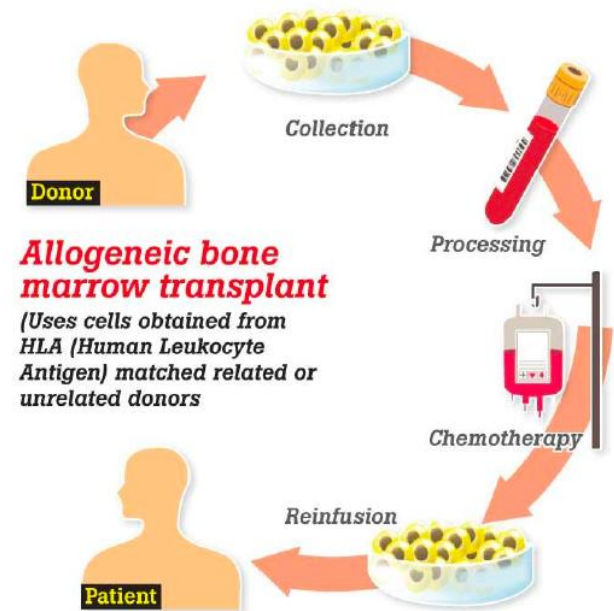
Three New Drugs Approved by FDA

- **L-Glutamine:** Protects Red Cells in SCD. Approved by FDA 2017
- **Voxelotor:** prevents clumping of hemoglobin. Approved by FDA 2019
- **Crizanlizumab:** blocks sticking of platelets, red blood cells, and white blood cells and lining of the blood vessel. Approved by FDA 2019
- Reduce pain, increase hemoglobin

Bone Marrow Transplant From a Genetically Matched Donor: Potentially Curative Option

- Chemotherapy to empty bone marrow and create space
- Replace with healthy donor bone marrow
- Patient is at risk of attack by donor's immune system
- Medicine for several months to suppress the immune system
- Potential cure for blood disorders such as SCD

Bone marrow transplantation (BMT)



Bone Marrow Transplant is Potentially Curative but has Risks

Risk-Benefit Paradigm for Curative Therapy for SCD

- Age
- Donor options (Less than 25% of patients have donors)
- Other treatment options

- Potential for cure
- Freedom from risk of sickle complications
- Improved survival

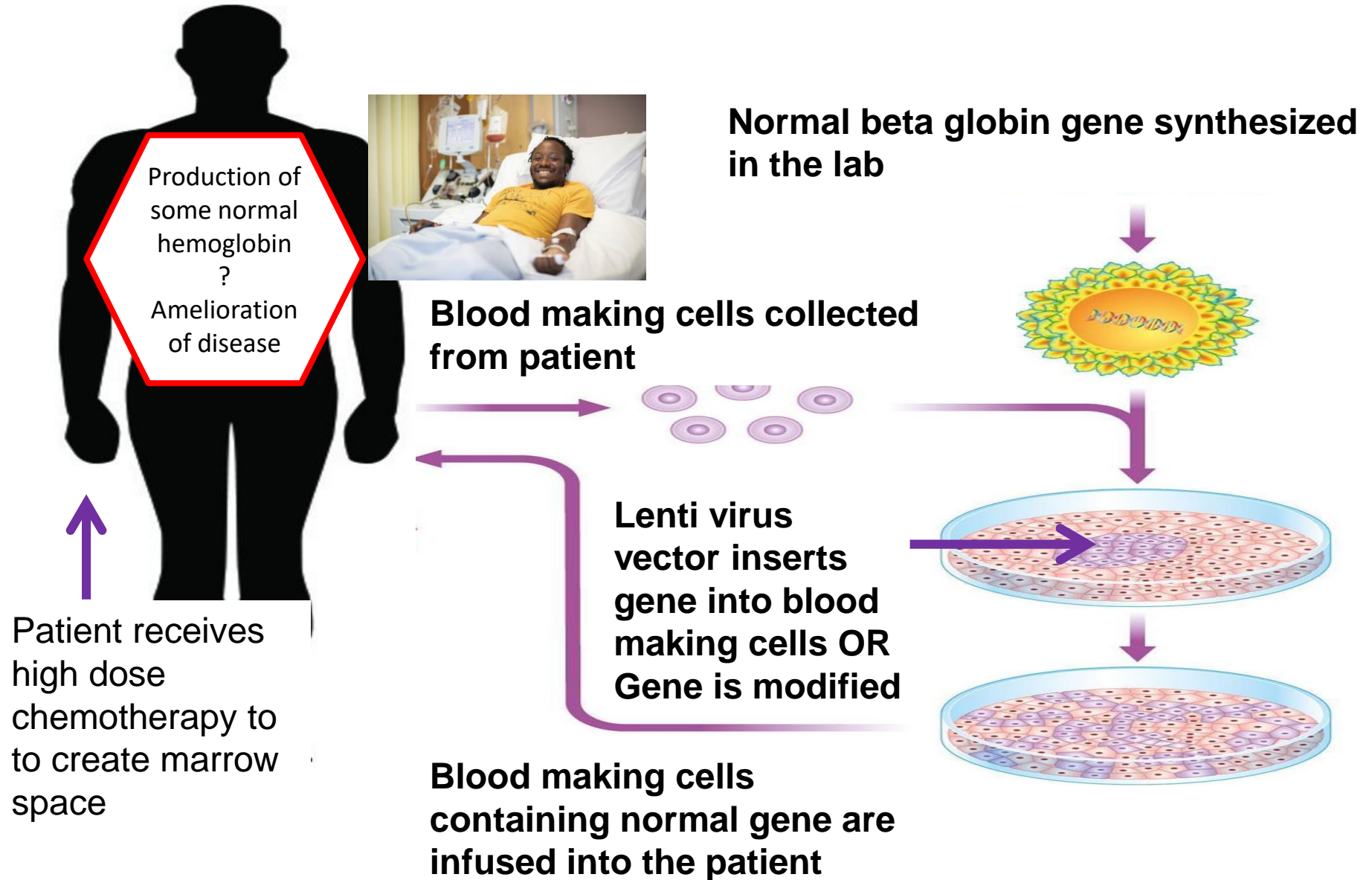


- Risk for death
- Treatment related complications
- Long term effects

What is gene therapy?

- An experimental technique
- Uses genes to treat or prevent disease.
- May allow doctors to treat a disorder by inserting or altering a gene in a patient's cells
- Adding a healthy gene
- Replacing a mutated gene with a healthy copy of the gene.
- Inactivating, or “knocking out,” a mutated gene
- Inactivating a normal gene to activate a silent gene

Gene Therapy by Adding a Healthy Gene or Modifying a Gene

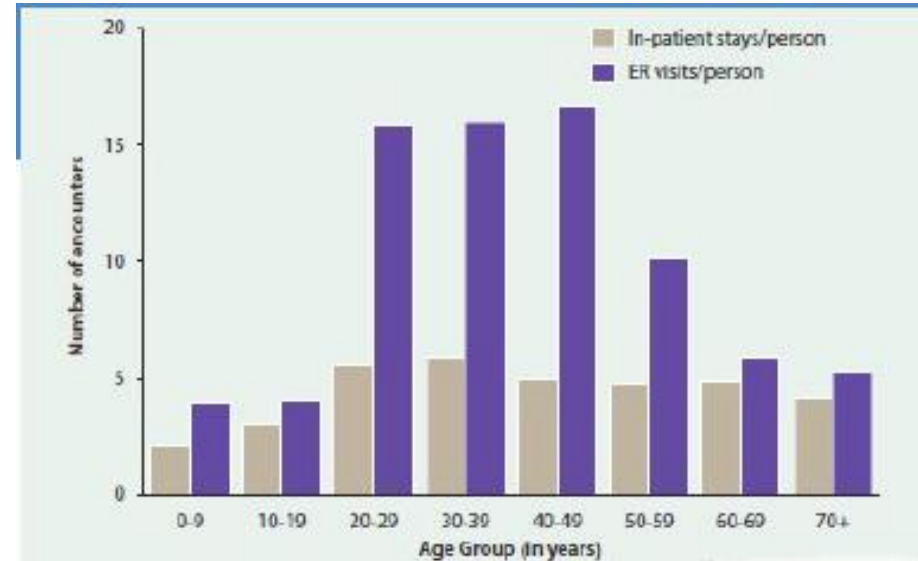


SCD Clinical and Research Strengths in Georgia

- Georgia has SCD programs with a large number of patients
- Community based organizations in GA are active in supporting patients
- Large number of research projects funded by NIH, CDC, HRSA, PCORI
- Numerous clinical trials, observational studies
- Largest experience with bone marrow transplantation
- Several ongoing gene therapy studies

Limited Access to Quality Care

- 94% of patients in GA had Emergency department or hospital visit
- Hospital visits increase with age
- Children ~ Four ED visits. Impacts school & activities
- Adults ~ >15 visits,
- Adults have barriers in access to insurance, quality care
- Behavioral health not supported



Hydroxyurea is Underutilized: Health Disparity

- CHOA is leading efforts to improve poor HU utilization nationally
- Only 38% of patients meeting clinical criteria received a prescription for hydroxyurea.
- Only 77% of children received polysaccharide pneumococcal vaccine at age 2 years
- Only 23% of these toddlers received screening with Doppler ultrasound for detecting stroke risk at age 2 years

Limited Investment in Quality Care and Research

- Investment in SCD research is lower than in other genetic diseases
- Federal funding and philanthropic giving for Cystic fibrosis is more than for SCD though there are 3 times as many individuals living with SCD
- Most patients are on Medicaid, with limited access to care
- There is a lack of support for comprehensive care, case management , chronic pain, mental health and complementary medicine
- Lack of comprehensive and specialist care for adults with SCD

SUMMARY

- SCD is a major public health problem in Georgia
- Advances in care have provided patients many treatment options
- Several medications (Hydroxyurea, L-Glutamine , Voxeletor and Crizanlizumab) are FDA approved for SCD
- Bone marrow transplantation and Gene Therapy offer a curative option to selected patients
- Challenges remain in access to quality care, resources and research funding

Suggested Legislative Priorities that May Help Patients with Sickle Cell

- Explore ways to improve access to SCD treatment.
- Expand behavioral and mental health services across the state.
- Support sickle cell testing and counseling in the community.