

GEORGIA SENIOR FARMERS MARKET NUTRITION PROGRAM

GEORGIA 
SENIOR / DPH
Farmers Market Nutrition Program | GEORGIA DEPARTMENT OF PUBLIC HEALTH



What is the Georgia Senior Farmers Market Nutrition Program?

The Georgia Senior Farmers Market Nutrition Program (SFMNP) encourages healthy eating by making fresh, Georgia-grown fruits, vegetables and herbs available to eligible participants at approved market sites from June through September each year. Funding for these Farmers' Markets was provided by United States Department of Agriculture.

What are the eligibility requirements?

To be eligible for program benefits, you must:

- Be a Georgia resident
- Be 60 years of age or older at the time of the market
- Have a household income at or below 185% of the Federal Poverty Guidelines

What do I receive as an eligible recipient?

- Checks valued at \$20 to purchase fresh produce from your approved Senior Farmers Market site
- Nutrition education and health information on the benefits of fresh fruits and vegetables
- Suggestions for selecting, preparing and storing fresh fruits and vegetables
- Money-saving tips
- Quick recipes



Where can I use my Senior FMNP checks?

Senior farmers markets are held each year—beginning June 1 and ending September 30. Participants receive one allocation of checks per SFMNP farmers market season through participating Area Agencies on Aging (AAA) across the state. Senior FMNP checks can be used to purchase eligible products from approved market sites displaying a Georgia Senior Farmers Market sign. For market dates, times and locations, contact your local Area Agency on Aging (AAA).

Helpful Tips and Reminders

- Checks can only be used to buy produce at approved Georgia Senior Farmers Market sites.
- Arrive at the farmers market as early as possible for the best selection.
- If your purchase is more than the value of your SFMNP checks, you must pay the difference in cash.
- Use your SFMNP check on or before the expiration date.
- Lost, stolen or expired checks cannot be replaced.

What types of produce can I buy at Senior FMNP market sites?

Only fresh, Georgia grown fruits, vegetables and/or herbs may be purchased with WIC FMNP checks at designated market sites. Eligible foods include:

| | | | |
|-------------|----------------|----------------|-----------------|
| Apples | Corn | Okra | Potatoes, Sweet |
| Beans, Lima | Cucumbers | Onions | Potatoes, White |
| Beans, Snap | Eggplants | Peaches | Pumpkin |
| Beets | Fresh herbs | Pears | Spinach |
| Blueberries | Grapes | Peas | Squash |
| Cantaloupe | Muscadines | Peppers, Bell | Strawberries |
| Cabbage | Mushrooms | Peppers, Hot | Tomatoes |
| Carrots | Mustard Greens | Peppers, Sweet | Turnip Greens |
| Collards | Nectarines | Plums | Watermelon |

ITEMS ON THIS LIST, AND ANY OTHER GEORGIA GROWN FRUIT OR VEGETABLE NOT LISTED ABOVE, ARE SUBJECT TO AVAILABILITY BASED ON YOUR LOCATION.



Area Agencies on Aging (AAA) by region:

| | |
|-------------------------------|--------------|
| Atlanta Regional AAA | 470-378-1490 |
| Coastal Georgia AAA | 800-580-6860 |
| Heart of Georgia Atlamaha AAA | 912-367-3648 |
| Legacy Link AAA | 770-538-2711 |
| Middle Georgia AAA | 478-751-6466 |
| Northeast Georgia AAA | 706-296-1572 |
| Northwest Georgia AAA | 706-295-6485 |
| River Valley AAA | 706-256-2910 |
| Southern Georgia AAA | 912-285-6097 |
| SOWEGA AAA | 229-435-6789 |
| Three Rivers AAA | 678-552-2843 |

GEORGIA GROWN PRODUCE AVAILABLE TO PROGRAM PARTICIPANTS JUNE 1 THROUGH SEPTEMBER 30.

Contact us at:

Georgia Department of Public Health
Georgia Senior Farmers Market Nutrition Program
2 Peachtree Street, N.W., 10th Floor
Atlanta, Georgia 30303

PHONE: (404) 657-2900 | CUSTOMER SERVICE HOTLINE: 866-814-5468 (toll free in Georgia)

EMAIL: Farmers.Market@dph.ga.gov



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- (1) mail: U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410;
- (2) fax: (202) 690-7442; or
- (3) email: program.intake@usda.gov.

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