Visit Georgia WIC at wic.ga.gov

What Can I Buy with Georgia WIC Vouchers?

Georgia WIC vouchers make it easier for you to provide healthy, delicious foods that you feel good about giving your family. Georgia WIC vouchers are also easy to use. Just take them with you when you go grocery shopping and use them to buy healthy food including:

Infant foods

· Fruits and vegetables

Brown rice

Milk

Canned fish

Pasta

Cereal

Peanut butter

Cheese

Tortillas

Dried or canned beans/peas

Tofu

Eggs

Yogurt

Fruit juice

Whole grain bread

Do you have questions? To apply and/or locate a Georgia WIC clinic near you, visit wic.ga.gov, or call 800-228-9173, Monday through Friday from 8 a.m. - 5 p.m.



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- mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410;
- (2) fax: (202) 690-7442; or
- (3) email: program.intake@usda.gov.

This institution is an equal opportunity provider.

Georgia W C offering Yummy, Healthy Food and More!







wic.ga.gov

What is **WIC**?

Georgia WIC is the nation's fifth largest Special Supplemental Nutrition Program for Women, Infants, and Children (WIC). Georgia WIC provides nutrition and health education, healthy foods and other services free of charge to Georgia families who qualify.

Visit Georgia WIC at wic.ga.gov

What does Georgia WIC Offer?

Georgia WIC's goal is to help keep pregnant and breastfeeding women and kids under age 5 healthy. To do this, WIC provides:

- Personalized nutrition consultations
- · Vouchers to buy healthy food
- · Tips for eating well to improve health
- Referrals for medical and dental care, health insurance, child care, housing and fuel assistance, and other services that can benefit the whole family

Georgia WIC also offers breastfeeding classes, oneon-one breastfeeding support, as well as immunization screenings and referrals. In addition, Georgia WIC provides parents with opportunities to talk with other parents about nutrition and other health topics that are important to their families.



Who is Georgia WIC for?

Georgia WIC is for all kinds of families: married and single parents, working or not working. If you are a father, mother, grandparent, foster parent or other legal guardian of a child under 5, you can apply for Georgia WIC for your child.

You can participate in Georgia WIC if you:

- Live in Georgia
- Have a child under 5, or you are a pregnant or breastfeeding woman
- Are a postpartum nonbreastfeeding woman
- Have a family income less than WIC guidelines

Income Eligibility Guidelines:

July 1, 2021 to June 30, 2022

Household Size		Yearly Income is no greater than	Monthly Income	Weekly Income
†	1	\$23,828	\$1,986	\$459
or 🛱	2	\$32,227	\$2,686	\$620
ŤŤŤ	3	\$40,626	\$3,386	\$782
****	4	\$49,025	\$4,086	\$943
****	5	\$57,424	\$4,786	\$1,105
*****	6	\$65,823	\$5,486	\$1,266
*****	7	\$74,222	\$6,186	\$1,428
*****	8	\$82,621	\$6,886	\$1,589
Each Add'l Family Member, add		+\$8,399	+\$700	+\$162

If you are pregnant, you should count yourself as two.



Income Eligibility

Applicants are automatically income eligible for Georgia WIC if they are currently receiving Medicaid, TANF or Supplemental Nutrition Assistance Program (SNAP) benefits. Foster kids under age 5, may also be eligible for WIC.

Can Men Participate in Georgia WIC?

Fathers, with a child(ren) under age 5, who meet the income requirements of Georgia WIC are encouraged to enroll their child(ren) in the program. Although a father cannot receive benefits for himself, he can receive benefits for his child(ren). Fathers are encouraged to attend and participate in WIC appointments, nutrition and health classes, as well as use WIC vouchers in grocery stores.

How do I Apply for Georgia WIC?

To apply for WIC, visit wic.ga.gov to find your local health department or call 800-228-9173. Many Georgia WIC clinics are open in the evenings and on Saturdays so you do not have to miss work.

Georgia WIC: 800-228-9173

Georgia WIC: wic.ga.gov